

## **SLEEP SEMINAR**

3pm to 5 pm  
19 August 2007  
Centenary Theatre  
Royal North Shore Hospital (RNSH), St Leonards

### **Program**

#### **The Enchanted World of Sleep**

Professor Peretz Lavie  
Andre Ballard Professor of Biological Psychiatry  
Head, Technion Sleep Medicine Center

#### **Beyond CPAP – alternative treatments for sleep apnoea**

Professor Peter Cistulli  
Professor of Respiratory Medicine, University of Sydney and RNSH  
Head, Centre for Sleep Health & Research, RNSH

#### **Is snoring benign?**

##### **Restless legs**

Dr David Joffe  
Senior Staff Physician, Respiratory and Sleep Medicine, RNSH  
Woolcock Institute of Medical Research (Sleep Group)

#### **Gastric banding – is it the “easy” way to lose weight?**

Dr Steve Leibman  
Advanced laparoscopic and upper gastrointestinal surgeon  
RNSH, North Shore Private Hospital and Sydney Adventist Hospital

#### **Apnoeas and mishapnoeas**

Ian Bersten  
Economist and author of *Coffee Sex and Health*

### **Question Time**

### **Refreshments**