

Young People's Health -
What's it going to take?
YOUTH HEALTH 2006

the
children's
hospital at Westmead

The Annual Australian and New Zealand Adolescent Health Conference
13 to 15 November 2006
Southee Centre Sydney Showground
Olympic Park Australia

CALL FOR PAPERS & ABSTRACTS GUIDELINES & SUBMISSION FORM

Conference themes: 'Young People's Health - What's it going to take?'

The Conference Committee invites abstracts from workers and organisations involved with innovative projects and programs, research and training associated with the following conference themes:

1. Impact of media and technology on young people's health
2. Risk and protective factors for young people
3. The role of neuroscience and the adolescent brain
4. The influences of family, community & culture on youth health & wellbeing
5. Health service delivery for young people

'Young People's Health - What's it going to take?' is a conference for:

- Education and other sector professionals
- Youth workers and youth health workers
- Researchers, academics and policy makers
- Paediatricians and General Practitioners
- Hospital, rural and community based health workers
- Mental health workers
- Nursing and allied health staff
- Young people - while the conference is aimed at health and related workers from throughout Australia and the Pacific Region, **young people will be involved throughout the program.**

Hosted by.....

The *Department of Adolescent Medicine* and the *NSW Centre for the Advancement of Adolescent Health (CAAH)* with the support of *Australian Research Alliance for Children & Youth (ARACY)*, *UNICEF Australia*, *NSW Commission for Children & Young People* and other centres and organisations in Australia and New Zealand who work towards adolescent well-being.

The Conference Patron is Her Excellency Professor Marie Bashir AC, Governor of NSW.

Invited Keynote Speakers include.....

- **Professor Victor Strasburger** - Chief, Division of Adolescent Medicine at the University of New Mexico School of Medicine, Albuquerque. Professor Strasburger is a world authority on impact of media on young people and the 2006 Society for Adolescent Medicine Visiting Professor in Adolescent Medicine and Health, undertaking his site visit in Australia.
- **Professor Fiona Stanley AC** - Professor of Paediatrics and Head of Child Health Research at the University of Western Australia, and the Executive Director of the *Australian Research Alliance for Children and Youth*, a national organisation with an agenda to improve the health and well-being of young Australians. Professor Stanley founded the Institute for Child Health Research in Perth and was Australian of the Year in 2003.
- **Richard Eckersley** is a fellow at the National Centre for Epidemiology and Population Health at the Australian National University, Canberra whose work explores issues to do with progress and wellbeing, including the social and cultural determinants of health and happiness, visions of the future, young people and their world.
- **Wing-Sie Cheng** has worked for UNICEF in Asia for 18 years and is currently the Regional Adviser, HIV/AIDS. Ms. Cheng specializes in policy analysis, and research-based behaviour change programmes for public health. Ms. Cheng is an Edward Mason Fellow of the John F. Kennedy School of Government, Harvard University where she graduated with a Master's in Public Administration degree. She has a Bachelor's degree in Social Science from the National University of Singapore.

Conference highlights include....

- Public forum - *Young people, media and technology: What do we know? What can we do?*
- Accredited skills training workshops
- A one day national forum on youth health and well-being by *Australian Research Alliance for Children and Youth (ARACY)*
- Conference dinner
- Participation of young people and parents
- Interactive poster session and marketplace

Examples of topics related to the conference themes:

- **Impact of media and technology on young people's health** - advertising, mobile phone use, obesity and media, sexuality and the media.....
- **Risk and protective factors for young people** - prevention of risk behaviours, resilience, youth participation, positive youth development.....
- **The role of neuroscience and the adolescent brain** - cutting edge research, development and behaviour, ADHD, post traumatic stress disorder, cognition
- **The influences of family, community & culture on youth health and wellbeing** - strengthening communities, styles of parenting, cultural diversity.....
- **Health service delivery for young people** - better practice, capacity building, transition, rural issues.....

PROGRAM FORMAT and PRESENTATION GUIDELINES

With a commitment to the application of research findings to practice, the conference organisers are inviting presentations under the following three categories:

1. *What we know* - short paper or poster presentations on research studies and results
2. *What we do* -short paper or poster presentations on innovative projects or programs, interventions and new initiatives
3. *How we do it* - practical, hands-on skills development workshops

Presentation types

1. **Short paper presentations** (30 minutes maximum including question and answer time) will be grouped with related topics in a chaired session. 2 - 3 papers per 1½ hour timeslot.
NOTE - Short papers may also be selected to be presented as part of a facilitated roundtable with an interactive discussion.
2. **Poster and interactive exhibition presentations** -on display for the full duration of conference and scheduled into the program. Presenters will need to register for that day and be available at their poster/exhibit to answer questions. Table and wall space specifications to be confirmed later.
3. **Practical Skills Development Workshops** (90 minutes) will have a participatory, interactive focus and clear outcomes.

Selection process & important details

1. All submitted abstracts will be considered on the basis of individual merit by the Selection Committee, and ranked in competition with all other abstracts. The committee's decision is final. Conference organisers will give priority to presentations and workshops that:
 - involve young people as presenters, where appropriate
 - describe research/project outcomes or evidence
 - provide strategies and action solutions, and are not limited to description
 - include question and answer time, and promote discussion
 - are interactive where possible and offer skills development
2. Some abstracts may be accepted subject to adaptation to a different format than originally submitted.
3. Presenters and Co-presenters will need to meet their own registration fees and only registered presenters will be included in the final program.

4. Presenters registration will be at the early bird rate. Expected registration costs for 1 day only are expected to be *approximately* \$230 +GST per person per day or \$550 + GST for the complete 3 day registration package.
5. Abstracts must reach the Conference Organiser by Friday 31 March 2006.
6. Receipt of abstracts will be acknowledged by email. Proposers will be notified of acceptance in May 2006.
7. If accepted, all presenters must email their presentations/handouts *prior to* the conference by Friday 3rd November 2006 for audiovisual preparation and printing.
8. All presenters (interactive workshops excluded) must email a final version of their presentation by 30 November 2006 for inclusion in the on-line conference proceedings.

INQUIRIES concerning submissions should be directed to:

Sharyn Low from Matrix On Board
Conference Secretariat
Youth Health Conference 2006
Tel 02 4572 3079
Fax 02 4572 3972
E mail sharyn@mob.com.au
Postal PO Box 4023 Pitt Town NSW 2756

SUBMISSION OF ABSTRACT FORM

Presenter's Details

NAME		Title/GIVEN name		FAMILY/LAST name	
Submitting Presenter		Mr/Mrs/Ms/Dr			
Co Presenters <i>(If applicable)</i>					
Position					
Organisation(s) or Affiliation					
Address					
		State	Postcode	Country other than Australia	
Phone				Fax	
MOBILE					
Email					
Please use the following matrix to indicate the format <u>and</u> theme of your presentation (please tick):					
Your type of presentation →		PAPER What we know: Research	PAPER What we do: Projects & Programs	WORKSHOP How we do it: Skills workshop	POSTER
Your chosen theme ↓:					
1. Impact of media and technology on young people					
2. Risk and protective factors for young people					
3. Role of neuroscience and the adolescent brain					
4. Influences of family, community & culture					
5. Health service delivery for young people					
Details of Your Presentation: <i>If accepted, this title and description will be printed in the registration brochure</i>		Title of presentation			
		Description of presentation (1 sentence)			
Abstract Abstracts must include: <ul style="list-style-type: none"> outcomes main ideas participation & interactive methods 		250 words max./half A4 page			
Biographical note on presenter/s		50 words max.			

Equipment requirements.... <i>Powerpoint dataprojection will be standard in all rooms.</i>	Powerpoint	<input type="checkbox"/>	Overhead projector	<input type="checkbox"/>	Video (VHS)	<input type="checkbox"/>
	Other					
Provide details if the material in your submission has been published and presented elsewhere.						

- I agree to have the above abstract included for consideration in the program of the Youth Health 2006 Conference.
- I understand that the paper will be peer reviewed against standards criteria and may be selected for a paper, workshop or poster for display or may be rejected.
- If selected, I agree to the title and sentence description provided, and my/our names being published in the conference registration materials.
- If selected, I agree to the terms and conditions above, to register and forward fees at the early bird rate.
- I undertake to provide a copy of my full presentation (excluding workshops) by 30 November 2006 for inclusion on the website as conference proceedings.

Name (Presenting Author)

Email Address

Date

How to Submit

1. Please e mail the submission form of the document in **MS Word**.
 2. Name the document with the presenter's family name.
- OR**
3. Complete the on line form on Conference Website www.youthhealth2006.org and remember to make a copy for your records before submitting.

By: **Friday 31 March 2006**

To : Sharyn Low from Matrix On Board
 Conference Secretariat
 Youth Health Conference 2006
 Tel 02 4572 3079
 Fax 02 4572 3972
 E mail sharyn@mob.com.au
 Postal PO Box 4023 Pitt Town NSW 2756